

Education

- **MA, Professional Mental Health Counseling** - August 2016
Lewis & Clark Graduate School of Education and Counseling, Portland, OR.
- **BA, Interdisciplinary Studies** - May 2011
California Institute of Integral Studies (CIIS), San Francisco, CA.

Licenses and Certifications

Licensed Professional Counselor (#C5073) - OBLPCT - November 2018

Nationally Certified Counselor (#628252) - NBCC - January 2017

HIV/STI Test Counselor (California) - San Francisco AIDS Foundation, San Francisco, CA. - June 2011

Post Graduate Clinical Training Experience

- **Clinical Supervisor Training (for LPCs & LMFTs)** – Jan - Feb. 2018 – Portland, OR
- **Emotionally Focused Couples Therapy (EFT-C) Externship** – Dec. 2017 - Portland, OR
- **EMDR Basic I & II (including consultation requirements)** – Feb. & April 2017 – Portland, OR
- **Advanced Medical Assessment Training** – April 2017 – Portland, OR
- **Family Stages of Acceptance in working with Trans and Non-binary individuals** – Jan. 2017 – Portland, OR
- **HIV & Infectious Disease Training** – June 2015 – Salem, OR

Clinical Experience

- **Clinical Supervisor** – Brave Space, LLC, Portland, OR. – Jan. 2019 – present.
Currently overseeing 5 supervisees including registered LPC and LMFT interns and counseling interns from area graduate programs all of whom are looking to focus in gender affirming therapy.
- **Licensed Professional Counselor/Founder** – In Context, LLC, Portland OR. - Aug. 2016 - present
My private counseling practice located at Brave Space, LLC, provides individual, family, and group therapy for transgender, non-binary, and queer identified children, adolescents and adults as well as clinical consultation and professional trainings related to providing affirming care to these client populations.
- **Licensed Professional Counselor – Intern** – Owls Nest North, Portland OR. – March 2018 – November 2018
Generalist providing individual and relationship psychotherapy to a diverse caseload in an out-patient setting with a focus on transgender and LGB-identified individuals.
- **Licensed Professional Counselor – Intern** – Portland Mental Health, Portland, OR. - May 2016 – October 2017
Generalist providing individual and group psychotherapy to a diverse caseload in an out-patient setting with a focus on transgender and LGB-identified individuals.

- **Mental Health Assistant/Administrator On-call** – Lifeworks Northwest, Portland, OR. - May 2016 – March 2017
QMHP and Admin On-call overseeing day and swing shifts for a 5-bed facility for transitional age youth impacted by SPMI.
- **Counseling Intern** – TransActive Gender Center / Brave Space, LLC, Portland, OR. - Jan. 2015 – Sept. 2016
Provided individual and family counseling to transgender children, adolescents and their families.
- **Counseling Intern** – Portland Community College, Cascade Campus, Portland, OR. - Sept. - Dec. 2014
QMHA providing individual mental health and career counseling to new and returning students.
- **Practicum Student** - Lewis & Clark Community Counseling Center, Portland, OR. - Aug. 2013 - June 2014
Provided individual, couples and family counseling to a diverse caseload of clients.
- **HIV/STI Test Counselor** - Magnet (Gay men's health clinic), San Francisco, CA. - June 2011 - April 2012
Volunteer providing comprehensive HIV/STI testing, peer health education and harm-reduction.

Professional Experience

- **Graduate Assistant for Campus Living** - Lewis & Clark College, Portland, OR. - Aug. 2012 – Aug. 2014
As part of the live-on professional staff, I maintained a paraprofessional counseling presence within the residence halls, including responding to emergent student medical and mental health concerns and was part of the 24-hr on-call duty phone rotation.
- **Medical Practice Project Manager** - Health Management Institute, San Francisco, CA. - Aug. 2008 – Nov. 2009
Front end manager for private medical practice reporting directly to the Medical Director in support of all aspects of daily operations including supervising of front-end staff, customer service management, new patient coordination and orientation, and patient advocacy.

Clinical Teaching Experience

- Guest lecturer at Lewis & Clark Graduate School presenting on clinical competencies in providing trauma-informed care when working with transgender and non-binary clients – Feb. 2019
- Guest lecturer at Lewis & Clark Graduate School presenting on clinical competencies in working with transgender and non-binary children and adolescents. – Nov. 2018
- Guest lecturer at PSU College of Social Work promoting clinical competencies and advocacy for supporting trans and non-binary children in school setting – Aug. 2018
- Facilitated training to increase clinical competencies in working with transgender and non-binary client to the addictions counseling team at Cascadia Behavioral Health – April 2018
- Facilitated training to increase clinical competencies in working with transgender and non-binary client to the Reed College Counseling staff – April 2018
- Guest lecturer at Lewis & Clark Graduate School presenting on trauma-informed care for transgender and non-binary clients – Jan. 2018
- Co-facilitated *Advanced Medical Assessment* training for clinicians serving transgender, non-binary, and gender expansive clients at Portland Q Center. - Dec. 2017
- Guest lecturer at PSU Graduate School of Education promoting competencies for emerging school counselors working with transgender adolescents. - Sept. 2017
- Guest trainer at MODA Healthcare providing competency training to MODA nurses working with transgender and non-binary clients. - June 2017
- Queer Resource Center Staff Advisor and Trainer - Lewis & Clark College, Portland, OR. - 2012-13
- As the Graduate Assistant for Campus Living at Lewis & Clark College, I created and delivered 50+hrs of formalized trainings on the following mental health interventions towards increasing the peer counseling

competency of RAs responding to mental health concerns in the undergraduate population: Basic counseling skills, Multicultural competency, Negative coping, Depression/Suicidality, Motivational Interviewing & Non-violent Communication. - 2012-2104.

- Meditation Group Facilitator. I facilitated bi-weekly 1hr. sessions and follow-up group discussion on personal practice for Lewis & Clark College. - 2013
- Co-facilitated discussion on Social Activism for a Gender & Identity Class at SF State University. - March 2011
- Founded and co-facilitated a monthly ministerial development series as part of an internal program for the Sisters of Perpetual Indulgence, towards training members to perform street-level outreach and institutional-based ministry. Topics included: basics of hospice care, harm education, sensitive listening, linkage to care, suicide prevention, stages of grief/loss, mindfulness techniques, healing through touch, and selfcare. San Francisco - 2005 - 2008

Community Engagement and Social Justice Experience

Community Organizer and Activist - Sisters of Perpetual Indulgence, Inc. (SPI) - SPI is a 501(c)3 devoted to community service and social justice - specifically working to amplify the voices of those marginalized within the greater LGBT umbrella and all of those 'othered' by dominant culture. San Francisco/Portland. Involved since 2002 and currently serving as the President of the Portland Sisters.

Professional Memberships

- World Professional Association for Transgender Health (WPATH)
- American Counseling Association (ACA)
- Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC)

Professional References

Kate Kauffman, LPC - Owner and Clinical Supervisor, Brave Space, LLC. 503-486-8936, kate@bravespacellc.com

Margaret Eichler, PhD, LPC, NCC, ACS- Current Clinical Supervisor. 503-956-7398, resonancecounseling@msn.com

Dan Turano, LCSW - Legacy Health System, 503-432-0869, dturano@lhs.org